

FUEL

Weekend Brunch Menu 9 - 5

Smashed Avocado 9.5 G/N/D

Free Range Fried Egg | Crumbled Feta | Mixed Leaf | Crème Fraiche | Seed Mix
Add Extra Egg +1.5 | Black Pudding or Bacon +3 each

Smoked Bacon 10.5 G/D/NF

3 Free range scrambled eggs | Mushroom | Tomato | Sautéed Spinach | Sourdough toast
Add Black Pudding or Pork & Chive Sausage +3

Mexican Eggs 12 G/DF/NF

Spicy Chickpea & Chorizo Beans | 3 Free Ranged Scrambled Eggs | Avo & Lime Mash | Mixed Leaf
| Crème fraiche | Sourdough Toast
Add Black Pudding | Bacon +3 each

Big Grill 12 G/D

Pork & chive Sausage | Black Pudding | Smoked Streaky Bacon | Free Range Scrambled Eggs |
Chickpea chorizo Beans | Sourdough Toast
Add Smashed Avo & Lime Mash +2.5

Banana Protein Pancakes 10 – G/N/D

Mixed Berry Compote | Greek Yogurt | Peanut Syrup | Desiccated Coconut | Crushed Peanuts

Savoury Buckwheat Waffle 12.50 G/D

Spiced Oat Chicken | Fried Egg | Mixed Salsa
Lemon & Feta Yoghurt | sriracha

Spiced Chicken Breast salad 11 GF/D

Mixed Leaf | Red Cabbage & Slaw | Mango Salsa | Lime & Coriander Yoghurt

Spiced chicken wrap 8.5 – G/D/N

Grilled Red Peppers | Mixed Leaf
Red Pesto Mayo

Flank steak wrap 10

Grilled Pepper & onion | Cheese | Leaf
Garlic & Mustard Aioli

Juices & Smoothies

Green Kick

Spinach | Cucumber | Apple | Kale | Lime - - Small 3.5 / Large 5.5

Turmeric & Ginger Boost

Orange | Carrot | Ginger | Turmeric – Small 3.5 / Large 5.5
Orange Juice & Apple Juice – Small 2.5 / Large 3.5

Avocado Smoothie – Spinach | Apple Juice | Avocado - Small 3.5 / Large 5.8

Banana Smoothie – Banana | Oats | Peanut Butter | Milk | Protein Powder - Small 3.5 / Large 5.8

Berry Smoothie – Frozen Mixed Berries | Yogurt | Orange Juice - - Small 3.5 / Large 5.8
Add CBD Oil, Chia Seeds, Multivitamin Boost, Acai Powder, Coconut Oil & Flaxseed – +1 each

Order & Pay At The Till Please